Finding Hope Through Heartbreak

As many times as it takes to get free.



As life would have it, adversities such as political division, violent conflicts, natural disasters, economic turbulence, population displacement, and more just keep coming. Life never asks if we are ready. It just brings what it brings.

At the same time, there are always glimmers of hope, but they are often overshadowed by the overwhelming events like the ones listed above. How do we deliver ourselves to a state of willingness, creativity, and connection in the face of all that keeps coming?

LOCATION: Online

DATE: 07 December 2025

TIME:
12-4PM CST & 6-10PM BST

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