

Personal development, with heart.

The More To Life Weekend

Do you want an experience of practical and profound personal development built on evidence-based psychology, mindfulness and diverse philosophical traditions?

During the More To Life Weekend, you'll learn a powerful wellbeing toolkit to empower you to respond to life's challenges with a clear mind and an open heart.

You will have the opportunity to revitalize your relationships with your self, others and our complex and ever-changing world.

LOCATION: Shalva Rd 1, Jerusalem, Israel

DATES: 9 - 11 February 2026

TIMES:
Monday - 18:00 - 22:00
Tuesday - 09:00 - 22:00
Wednesday - 09:00- 22:00

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Click for Registration & Info